



CONSENT FOR YOUR CHILD TO PARTICIPATE IN LOOSE PARTS PLAY ATSCHOOL

I give consent for my child to participate
in loose parts play during the school year
20...../20..... :

- during class time
- during playtime and lunch break.

The personal data you provide will be stored securely and will not be shared with third parties.

Details of the parent/carer

1. First and last name.....

2. Contact phone number.....

Second parent/carer

1. First and last name.....

2. Contact phone number.....

Child's details

1. First name and surname of the child

2. Age of the child.....

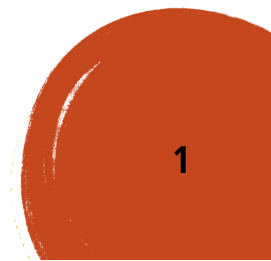
3. Class

4. Teacher's name.....

By giving consent for my child to participate in loose parts play, I declare that I am familiar with the ideas behind loose parts play, which is child led.

I am aware that loose parts play may include imaginary and active play with everyday items as well as sensory and nature based play.

I am aware that these activities involve some risks, which I accept, while being aware of the caretakers' efforts to ensure safety. I will discuss expectations of safely playing with loose parts with my child.



I am aware that children's clothes may get a bit dirty from playing with loose parts. I will ensure my child is dressed properly for the weather so they can take part fully. This may mean waterproofs, wellington boots, sun hat or sun cream depending on the weather.

Play is important

Research shows that play is essential for children's health and wellbeing. Just as sleep and food are essential to a child's health, free play is necessary for children's mental health. When playing, children have fun and are more active.

Benefits of play in school

Research shows that the benefits of free play in schools include:

- a decrease in negative behaviour, including aggression and violence
- an increase in social skills
- an increase in resistance to stress
- an increase in resilience, i.e. the ability to recover from failure
- increased self-confidence.

In schools where children have access to free play, concentration time is increased by 20 minutes. Schools also see a decrease in the amount of time spent on conflict resolution among children.

A school that provides children with access to play is a child-friendly place in which:

- children have fun and are happy
- children are active
- children have positive relationships with staff and peers
- are ready to learn.

Giving time and space for play during the school day supports learning and is essential for children's mental and physical wellbeing.



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